

# Hyperglycemia (High Blood Glucose)

**Causes:** Too much food, too little insulin or diabetes pills, illness, or stress.

**Onset:** Often starts slowly.

## Some Symptoms:



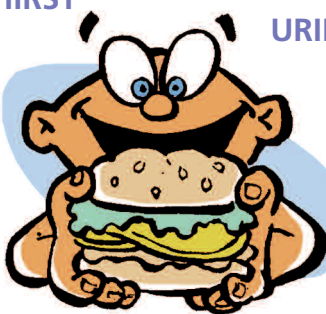
**EXTREME THIRST**



**NEED TO URINATE OFTEN**



**DRY SKIN**



**HUNGRY**



**BLURRY VISION**



**DROWSY**



**SLOW HEALING WOUNDS**

**HIGH BLOOD GLUCOSE MAY LEAD TO A MEDICAL EMERGENCY IF NOT TREATED.**

## What Can You Do?



**CHECK BLOOD GLUCOSE**

If your blood glucose levels are higher than your goal for three days and you don't know why,

**CALL YOUR HEALTHCARE PROVIDER**



For more information, call the Novo Nordisk Tip Line at 1-800-260-3730 or visit us online at [ChangingDiabetes-us.com](http://ChangingDiabetes-us.com).

Novo Nordisk Inc. grants permission to reproduce this piece for non-profit educational purposes only on condition that the piece is maintained in its original format and that the copyright notice is displayed. Novo Nordisk Inc. reserves the right to revoke this permission at any time.  
Concept developed by Rhonda Rogers, RN, BSN, CDE