



CO-CURRICULAR INFORMATION



WE LEARN - WE GROW - WE INSPIRE

Carl Sandburg Students

Students,

Welcome to Carl Sandburg High School. As you start this new year, we hope that you take the time to consider getting active in the many co-curricular opportunities available to you.

The Student Activities program currently has over 70 clubs available to our students, providing a wide array of opportunities - most certainly something for everyone. There are numerous opportunities for you to get engaged in student life - while balancing your academic pursuits.

We strongly encourage you to explore all of your options - and involve yourself in at least one student club/activity. Studies have shown that the single most accurate predictor of success in life is the degree of involvement a person has had in high school co-curricular programs.

Feel free to contact me or any of our activity sponsors with any questions that you may have relative to Student Activities. Have a wonderful school year!

GET INVOLVED IN SANDBURG!

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Competitive Clubs (Page 4 -5)

Competitive Clubs compete against outside teams, other high schools, in a variety of tournaments, matches, and competitions as part of a structured regional or national league. These clubs have coaches/sponsors and attend regularly scheduled practices.

Government/Political Issue Clubs (Page 6)

Government/Political Issues Clubs provide a forum for students to learn about, discuss, and cogitate both domestic and international events, issues, and ideas.

Honors Societies (Page 7)

Honors Societies Clubs recognize students who excel academically or as leaders among their peers in specific academic disciplines. These societies invite students to become members based on the scholastic rank (top 10 percent of a class) and/or grade point averages of those students, either overall or for classes taken within the discipline of which the honor society provides recognition.

Multicultural/International Clubs (Page 8)

Multicultural/International Clubs promote cultural awareness and the fellowship of all Carl Sandburg High School Students. These clubs provide opportunities for students to learn and appreciate their own backgrounds, interests, values, and beliefs as well as the diverse backgrounds of other student groups.

Occupational Clubs (Page 9 - 10)

Occupational Clubs offer opportunities for students to participate in real world workforce scenarios and to prepare for careers in trade, technical and skilled service occupations, and for further education.

Performing Arts (Page 11 - 12)

Performing Arts Clubs seek to increase awareness and to discover the many talents among Carl Sandburg High School's student body and share their aptitudes in music, dance, and theater. These clubs then in turn nurture, develop and showcase these creative talents.

Publications (Page 13)

Publications Clubs report, produce, and issue content that is made available to the Carl Sandburg High School student body and staff.

Service Clubs (Page 14)

Service Clubs promote fellowship among their members and are devoted to the principle of volunteer community service. They encourage community welfare and goodwill throughout the entirety of Carl Sandburg High School and it's surrounding communities.

Social Justice Clubs (Page 15)

Social Justice Clubs provide opportunities for self-transformation, leadership, and community building to students in order to affect meaningful change in their classrooms, at Carl Sandburg High School, and in their communities.

Special Interest Clubs (Page 16 - 17)

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ACES

ACES is an academic composition offering students opportunities to challenge their math and science skills and problem-solving abilities in a variety of areas. Students compete at various levels.

BASS FISHING

Interested in fishing? The Bass Fishing Club provides an opportunity for anglers, regardless of experience, to learn all aspects of fishing. Anglers learn about line, lures, fishing techniques with an opportunity to pond and tournament fish. All members pond fish with the club and more experienced anglers participate in tournament fishing with the possibility to win an IHSA state championship.

GIRLS FLAG FOOTBALL

An emerging group sport of flag football sponsored by the Chicago Bears. This gives females the opportunity to be active by increasing access to sports. An athlete gains physical, social, and well-being benefits by participating in a sport, while also developing life skills, responsibility, increased self worth and empowerment.

CHESS TEAM

If you enjoy strategies and some friendly competition, come join the Sandburg Chess Team. Players learn to recognize the importance of their own through process while sharing, developing and improving their chess skills. The team also competes in several matches each year in the SWSC conference. Membership is open.

DEBATE TEAM

Interested in acquiring the skills needed for sophisticated argumentation? The Debate Team's goal is to enhance research, speaking, writing, and critical thinking skills. Students compete in various tournaments, debating a variety of real-world topics. We enhance the student's awareness of current issues around the world. Sign up in early September.

GAMING CLUB

Interested in eSports, online gaming, or video games? Join Sandburg Gaming Club and start competing today!



MATHLETES (STATE MATH TEAM)

Number fans unite! Math Team creates a competitive place for students who enjoy mathematics to learn problem-solving techniques used in competition. Membership is open.

POWERLIFTING

Be a part of greatness! We design a 16-week program that teaches core and auxiliary lifts to compete at the state level. We are the IHSPLA Men's & Women's State Champions. Come join us!!

ROBOTICS TEAM

The purpose of the Robotics Team is to inspire young people to be science and technology leaders. The team competes in the FIRST Robotics competition which teaches students hands-on Engineering. Students will design, build, and program a fully functioning robot for competition.

SCHOLASTIC BOWL

Scholastic Bowl is a competitive academic "quiz bowl" similar to "Jeopardy." The team participates in SWSC tournaments. Membership is open, contact a sponsor.

SKILLS USA

Preparing for leadership in the world of work. Students apply skills learned in applied technology courses and compete at various levels. Membership is limited to qualified students in an TEE or FACS course.



SPECIAL OLYMPICS

Special Olympics is a global organization that unleashes the human spirit through the transformative power and joy of sports and social opportunities. Special Olympics is changing the lives of people with intellectual disabilities. All are welcome to participate or lend a hand as a mentor/volunteer within our club. Go Eagles!

SPEECH TEAM

The Speech Team provides an opportunity for students to develop speaking, interpretation and acting skills in a nurturing, friendly environment. Discover how much fun public speaking can be!



Government/Political Issue Clubs

Government/Political Issues Clubs provide a forum for students to learn about, discuss, and cogitate both domestic and international events, issues, and ideas.

MODEL UNITED NATIONS

Model UN is a combination of speech, debate, diplomacy, research, critical thinking, writing, and problem solving. We attend One-Day conferences at local high schools and overnight conferences at Universities such as Duke, Berkeley, Johns Hopkins, Northwestern, Stanford, Yale and numerous others. At conferences, we are given countries to represent and we attempt to solve world problems from their perspective. The problems can range from how to solve the North Korean nuclear crisis, how to bring stability to the EU, to being in Harry Potter's cabinet, or even defeating the Dark side in Star Wars... There's something for everyone!



STUDENT COUNCIL

Student Council is the organization at Sandburg that represents and gives voice to the student body. It is run by the four class presidents as well as an executive board elected by the membership. Student Council is responsible for

Homecoming Week, Sandburg's Got Talent and the Turnabout Dance, along with many philanthropic events throughout the year.



YOUTH and GOVERNMENT

In Youth and Government we spend the year preparing to participate in the annual March Springfield Assembly in which students take over the state government in our state capitol. Each member is given a role to play in the mock government based on their interests and experience and we spend a long weekend in Springfield using the Capitol Building and Supreme Court as the setting for our government. Students from all over the state will participate.. Youth and Government provides students with opportunities to experience how democratic government works and practice with the skills necessary in creating professional relationships and operating in a political setting.



Honors Societies

Honors Societies Clubs recognize students who excel academically or as leaders among their peers in specific academic disciplines. These societies invite students to become members based on the scholastic rank (top 10 percent of a class) and/or grade point averages of those students, either overall or for classes taken within the discipline of which the honor society provides recognition.

MU ALPHA THETA



Mu Alpha Theta is a mathematics honor society based on scholarship, service and sincerity. Mu Alpha Theta allows students to share their math knowledge with others. Admission is based on GPA and an expressed enthusiasm in math.

NATIONAL SPANISH HONOR SOCIETY (NSHS)



The National Spanish Honor Society is a Spanish-based honor society based on service, scholarship, and leadership.

NATIONAL HONOR SOCIETY (NHS)



The NHS serves to honor students who have demonstrated excellence in the areas of scholarship, leadership, service and character. NHS is the nation's premier organization established to recognize outstanding high school students. Membership by invitation only.





Multicultural/International Clubs

Multicultural/International Clubs promote cultural awareness and the fellowship of all Carl Sandburg High School Students. These clubs provide opportunities for students to learn and appreciate their own backgrounds, interests, values, and beliefs as well as the diverse backgrounds of other student groups.

AMPLIFY

What to expect this coming year: Team Building, outreach, ice cream, movies, parties, real-life conversations, prayer, discussions, charity events, games, and free food.

CULTURAL CONNECTION

Culture Connection provides both English Learners (ELs) and non-ELs the opportunity to establish friendships with one another through the use of social gatherings, activities, and cultural celebrations. These social interactions will not only allow students to learn from each other's culture and create friendships, but will allow more opportunities for ELs to interact with non-ELs and practice their English acquisition skills.

BLACK STUDENT UNION (BSU)

The Black Student Union is a group that meets every other Wednesday after school to talk about real-world issues and come together as a community. Stop in the main office for details.

GERMAN CLUB

The German Club is a fun opportunity for students to explore German, Austrian and Swiss culture. Different activities are planned throughout the year. Come join us and practice your German skills outside of the classroom. All interested students welcome.

INTERNATIONAL CLUB

International Club celebrates diversity amongst our students while promoting tolerance and unity and provides students an opportunity for social interaction and contribution to both school and community.

MSA

The Muslim Student Association meets each Monday after school to hear speakers, have discussions and plan yearly events. Stop into the upper PAC foyer for more details.





Occupational Clubs

Occupational Clubs offer opportunities for students to participate in real world workforce scenarios and to prepare for careers in trade, technical and skilled service occupations, and for further education.

ATHLETIC TRAINING CLUB

Students gain a greater connection to the medical community and possible careers within the sports medicine field. Members will experience hands-on opportunities to participate as Student Athletic Training Aides as well as learn from the guest lecture series.

BUSINESS PROFESSIONALS OF AMERICA

BPA assists students preparing for careers in business and information technology. The mission of Business Professionals of America is to contribute to the preparation of a world-class workforce through the advancement of leadership, academic, citizenship, and technological skills. Come join other students preparing to be the business professionals of tomorrow.

BROADCASTING CLUB

The Broadcasting Club provides students the opportunity to work on all aspects of video broadcasting. Students will learn to capture and create videos for school organizations as well as broadcast sporting, co-curricular, and special events. Open to any student with an interest in video!

D.E.C.A.

D.E.C.A. is a student-centered organization where students interested in all areas of business are provided the opportunity to develop personal and leadership skills. Students compete in various events such as Role-Plays, in which they act out a real-life business scenario with judges.

FUTURE TEACHERS

The Future Teachers Club aims to provide meaningful experiences for students interested in pursuing a career in Secondary Education (high school teaching) and accentuate a passion for teaching and learning. The organization will meet on the first Wednesday of every month in room S201 to discuss relevant topics regarding the education field, provide internship/hands on learning opportunities, and a field trip. Students in 10-12th grade are welcome to join.

INVESTMENT CLUB

Investment Club meets twice monthly with the overall goal of introducing students to basic concepts from the world of finance and investing money. We focus each meeting on a different aspect of investing money. Last year students competed against each other in a mock stock market game, met with guest speakers from the finance industry and took a field trip to Chicago to hear from a regional Federal Reserve president.



INTERNATIONAL YOUTH NEUROSCIENCE ASSOCIATION

IYNA is a group that links up with an international organization dedicated to promoting neuroscience education and enthusiasm in high school students across the globe.

MED CLUB

Interested in the field of medicine? The Med Club provides opportunities to hear from professionals in the medical field as well as provides opportunities to compete in the HOSA state competition.



RADIO (The Steel Eagle)

Students have the opportunity to work directly with music promoters and review music for airplay. Time is also spent producing radio shows that air globally 24/7 from our radio station, WCXS, The Steel Eagle as well as reviewing concerts and interviewing music artists.



OCCUPATIONAL INFORMATION EDUCATION

This club provides a social and educational setting for students with special needs to get together and socialize and share information. This club also enables students to meet with business professionals, practice job related skills and the opportunity to share work experiences with each other.





Performing Arts

Performing Arts Clubs seek to increase awareness and to discover the many talents among Carl Sandburg High School's student body and share their aptitudes in music, dance, and theater. These clubs then in turn nurture, develop and showcase these creative talents.

CHAMBER SINGERS (ADVANCED MIXED)

The Chamber Singers is our advanced co-curricular group at Sandburg. Acceptance into this group is by audition only, and all participants must be enrolled in one of the curricular music programs at Sandburg. Chamber rehearses Monday evenings every week, with Wednesday zero hour mornings as needed. During first semester, this ensemble performs almost solely as a caroling group. The large performance schedule occurs during late November through December, and attendance at all rehearsals/performances is imperative to stay in the group. During second semester, Chamber transforms into a pop a cappella group, singing everything from vocal jazz to Pentatonix charts. From time to time, the bass and treble voices will split to perform as two separate, smaller groups during either semester, as needed for school and community performance needs may dictate. This ensemble receives many performance invitations at Sandburg activities and for local organizations and businesses in the community throughout the year.

COLOR GUARD

Color Guard is a performing component of the Marching Band that is trained in dance, flag, rifle and saber. Color Guard competes with the Marching Band at all competitions in the fall. Auditions only.

FALL PLAY

The fall play presents students with the opportunity to act, assistant direct, assistant stage manage, construct sets and work on lighting, sound and running crews.

FALL PLAY TECH CREW

The tech crew allows students to explore hands-on experience in the field of technical theater, including lighting, sound, prop building, scene construction and design, special effects and stage management.





JAZZ BAND

Jazz Band educates students in the style of jazz, including Swing, Be-Bop, Blues, Latin, Funk and Rock. Membership by audition.

ORCHESIS DANCE TROUPE

Orchesis is a performing arts troupe that performs throughout the year in various settings. Dance styles vary from ballet to jazz, hip-hip and modern to tap. Membership is through audition only.

MARCHING BAND

The Marching Band supports the school, football team and community through excellence in a variety of music and marching styles. Membership is by audition only.

2022-2023

STATE CHAMPIONS



PEP BAND

To support and increase school spirit at home basket- ball games and PEP assemblies performing music to fire up the team and keep the crowd cheering. Open to any music student.

SPRING MUSICAL

The Spring Musical gives students the opportunity to participate in a musical theater production through various roles, both on stage and behind the scenes.

STRING QUARTET (Honors)

A highly selected group of 4 students (2 violins, 1 viola and 1 cello) perform in advanced quartet and perform for school and outside activities. Membership by audition only.

WINTER PLAY/ONE ACTS

The Winter One Acts provides the opportunity to write, direct, act, stage manage, or work on lighting, sound or running crews.





Publications

Publications Clubs report, produce, and issue content that is made available to the Carl Sandburg High School student body and staff.

LITERARY MAGAZINE

The Literary Magazine is a publication of students' stories, poems, essays and artwork. Students submit original work and members work together to produce the magazine. The group hosts a coffeehouse as well for students to showcase their talents. Membership is open.

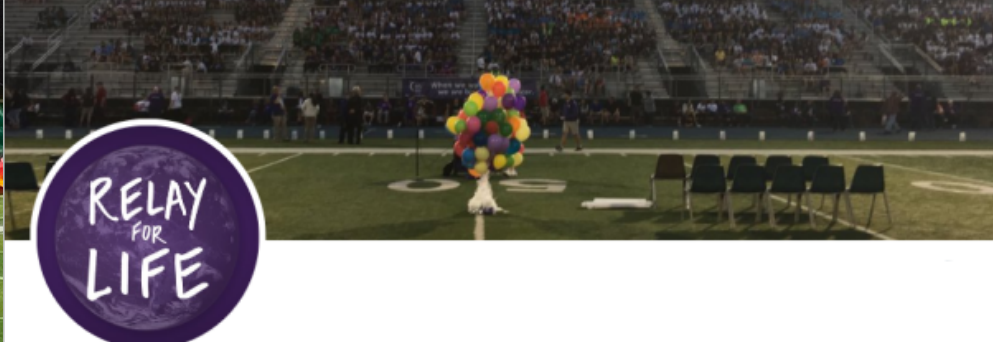
NEWSPAPER (AQUILA)

The Aquila is our student newspaper covering the high school community. Aquila competes in various competitions. All students are eligible to write articles and take photos. Editors must apply for positions. This coming year we will be publishing both a print and digital edition.

YEARBOOK (POET)

The student yearbook, the Poet, is published each year in May. The book is entirely created by students, who are responsible for design, photography, and copy. Yearbook meets once/week during the year from August-March. All students must complete an application to join to determine position, but all are accepted and welcome!





Service Clubs

Service Clubs promote fellowship among their members and are devoted to the principle of volunteer community service. They encourage community welfare and goodwill throughout the entirety of Carl Sandburg High School and its surrounding communities.

FIRST CLASS AMBASSADORS

A First Class Ambassador is a student leader who serves as a liaison, a spokesperson, and an advocate for Carl Sandburg High School. First Class Ambassadors must be able to speak in front of groups of people, have the ability to motivate others and possess a positive attitude. Ambassadors are highly motivated, energetic, and hard-working.

INTERACT CLUB

Interact is a club for youth ages 12-18 who want to connect with others in their community or school. Interact club members have fun while carrying out service projects and learning about the world. Interact clubs organize at least two service projects a year: one that benefits their community and one that encourages international understanding. While Interact clubs receive guidance from individual Rotary clubs, they govern and support themselves. One of the primary purposes of Interact is to build leadership qualities in the members. The connection with the Rotary club gives students a firsthand look at exactly what leadership entails. Interact members develop self-realization, good citizenship, and general growth in each of the students involved.

KEY CLUB

Key Club helps build leadership in students through community service and to strengthen school and community ties through positive social interactions between students and community leaders/organizations. Membership is open.

RELAY FOR LIFE

Join one of the largest Relay for Life events in the world! D230 Relay is an all night event that happens in the late spring. Committee members work all year at planning, promoting and organizing the event.

SWIM GUARD

Swim Guards are trained to instruct children (birth – 14) how to swim using the American Red Cross standards. No prior swimming experience required, just a strong desire to work with children. Swim Guards volunteer eight Saturdays each semester in exchange for community service hours. Possibility of employment in the summer. Open membership.





Social Justice Clubs

Social Justice Clubs provide opportunities for self-transformation, leadership, and community building to students in order to affect meaningful change in their classrooms, at Carl Sandburg High School, and in their communities.

FEMPOWER

Fempower is Carl Sandburg's feminist club. The club works to promote gender equality and help women in the community and globally. Open to all interested students!

FRIENDSHIP CONNECTION CLUB

The Friendship Connection Club is for both regular and special needs students. The main purpose of the club is to enhance the lives of students with special needs by providing opportunities for one-one friendships and increased participation in extracurricular school/community activities.

School sponsors, Elected officers, and club participants work together to plan monthly activities that help provide opportunities for increased socialization. Monthly events initially include after-school parties and attendance of school-sponsored events such as sporting events, school plays, dances etc. After-school monthly events are from 3:00 – 4:00. Community Service Hours are provided for club activities during weekend and evening events.

SAGA

The gay-straight alliance is a group that meets twice a month to provide a safe space for all members of the straight, LGBTQ, and non-binary communities within the Sandburg family. We'll discuss pressing issues of the day, schedule field trips, and put on all-inclusive activities like meet and greets with other groups or dances.

SNOWBALL

Operation Snowball is a district-wide program that gives all students the opportunity to participate in various community-building activities throughout the school year and to attend a leadership retreat in mid-November. This retreat is a three-day program that focuses on leadership skills, healthy choices, strong friendships, and self-realization. Students who have attended at least one retreat can also apply to be members of the Snowball Teen Staff, a district-wide group of students who help to plan and implement all Snowball activities.





Special Interest Clubs

Special Interest Clubs allow groups of students who share common interests to meet and carry out activities as organized bodies for educational or recreational purposes.

ANIME CLUB

Interested in Japanese animation films? Anime Club is a social club that meets three times a month to watch new and classic Anime. Many members are interested in making films and creating computer animation. Anime films are colorful, action-packed, and fun! Membership is open.

ART CLUB

Art Club is an organization open to all students regardless of artistic experience or ability. As a group the members design a club shirt, watch demonstrations by local artists, and have an opportunity to explore their own art interests. New members are always welcome.

AUTO CLUB

Like cars? Auto Club offers students experiences in the automotive repair and maintenance industry. Join in and share your interest with other like-minded car enthusiasts. Auto I experience preferred.

CULINARY ARTS CLUB

The Culinary Arts club brings people interested in culinary arts and food service together at least once a month to cook and learn about cooking techniques, ethnic foods and to prepare for competition. Members can compete in a state baking or culinary competition in the spring.

GRAPHIC ARTS

Members learn how to use Adobe Photoshop and Illustrator to create a variety of different projects. Members will learn how to Screen Print, Heat Transfer Print use both Inkjet and Color Laser Printers. We will help out other clubs, activities and athletics with designing projects and printing projects up to our capabilities.

MINDFULNESS CLUB

Take a moment out of your day and reenergize with the Mindfulness Club. We meet every Thursday after school in an inviting and reflective environment.



PROM COMMITTEE

The Prom Committee works together to plan the junior/senior prom held in the spring. Together they make decisions concerning theme, favors, food, decorations, music, etc. Membership is open to juniors and seniors.

SCIENCE CLUB

Science Club encourages students to incorporate science into school, community and students' lives. Membership is open.

SUPERFANZ - (VARSITY CLUB)

Interested in being a part of one of the greatest student sections in the state? The SuperfanZ are looking for you! Join up and help run student tailgates, cheering at athletic events and building school spirit.

EAGLE CONNECT

Pilot group to help transition our transfer students to the Sandburg community. This group is built to support the social and emotional needs of our current students and transfer students. Our focus is connectedness and inclusion.

YOGA

Yoga Club incorporates low-impact exercise that can improve overall physical health. It helps to improve flexibility, balance, and strength, which are important for maintaining a healthy body. .

SUSTAINABILITY CLUB

Want to address the waste on the planet as well as help Sandburg improve its' sustainability and global impact? Stop in and check out our club.

WOODS CLUB

Woods club aims to further students' knowledge of woodworking. Students work on various projects while learning how to safely handle the tools. Open to all students.

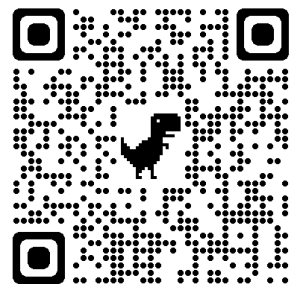
DUNGEONS & DRAGONS

Students will participate in collaborative gameplay on adventure campaigns created by the Dungeon Masters. Student participation will be based on the parameters of the character they create and develop as the campaign progresses.

CODING CLUB

The group will focus on coding. Specifically,
Code/Scratch.com first time to get down the basics
Python: Artificial Intelligence & Machine Learning
Javascript: Interactive Web Development
Java: Application Development

SCAN
HERE
ALL MEETING
INFORMATION





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